

## **ESTRADIOL REGULATES NOS ACTIVITY VIA ESTRADIOL RECEPTORS**

**Lazić E, Isenović E**

Laboratory for Radioisotopes, Institute Vinca, Beograd, Serbia and Montenegro

**AIM:** To determine the activity of nitric oxide synthase (NOS, the enzyme involved in the synthesis of nitric oxide NO) and the effect of estradiol (E<sub>2</sub>) administration.

**MATERIAL AND METHODS:** Male Wister rats, aged 2.5 months were injected with 17 $\beta$ -estradiol (5mg/kg, i.p.) for 24hr. After 24hr of treatment, we measured NOS activity in the blood plasma samples, with use of the Griess reagent,

**RESULTS:** Prolonged treatment with E<sub>2</sub> stimulated NOS activity. The concentration of NOS is significantly higher in E<sub>2</sub> treated (E<sub>2</sub>=148  $\pm$  74nM/ml) than in control rats (Con=30 $\pm$  5 nM/ml). To determine whether this stimulatory activity of E<sub>2</sub> is acting through E<sub>2</sub> receptors, we treated rats with an anti-estrogen Tamoxifen (TX) (20mg/kg, i.p.) which works by competing with estrogen to bind to estrogen receptors. Indeed, this treatment prevented the stimulatory effect of E<sub>2</sub> on NOS activity. (E<sub>2</sub>+TX =25 $\pm$  6 nM/ml).

**CONCLUSION:** These results indicate that E<sub>2</sub> acts through E<sub>2</sub> receptors to up-regulate NOS activity.